



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately.**

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, [www.welcometohc.com/oxford](http://www.welcometohc.com/oxford). For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <http://www.dol.gov/ebsa/healthreform> or <http://www.ccio.cms.gov/> or call 1-800-444-6222 to request a copy.

| Important Questions   | Answers   | Why this Matters:   |
|---|---|---|
| What is the overall deductible?                               | <u>Network: \$3,000 Individual</u> <u>\$6,000 Family</u><br>Per Contract Year.  | Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family deductible.  |
| Are there services covered before you meet your deductible?   | Yes. <u>Preventive care</u> and categories with a <u>copay</u> are covered before you meet your deductible.   | This <u>plan</u> covers some items and services even if you haven't yet met the annual <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your deductible. See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .                               |
| Are there other deductibles for specific services?            | Yes, Prescription drugs -- <b>\$100</b> per person, does not apply to Tier 1 drugs. There are no other deductibles.                                 | You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this plan begins to pay for these services.   |
| What is the <u>out-of-pocket limit</u> for this <u>plan</u> ? | Network: <b>\$6,850 Individual</b> <b>\$13,700 Family</b> .   | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.   |
| What is not included in the <u>out-of-pocket limit</u> ?      | <u>Premium</u> and health care this <u>plan</u> doesn't cover.  | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .  |
| Will you pay less if you use a <u>network provider</u> ?      | Yes. See <a href="http://www.welcometohc.com/oxford">www.welcometohc.com/oxford</a> or call 1-800-444-6222 for a list of <u>network providers</u> . | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your provider before you get services. |



**Do you need a referral to see a specialist?**

No.

**You can see the specialist you choose without a referral.**

† Oxford HMO products are underwritten by Oxford Health Plans (NY), Inc., Oxford Health Plans (NJ), Inc. and Oxford Health Plans (CT), Inc. Oxford insurance products are underwritten by Oxford Health Insurance, Inc. Administrative services provided by Oxford Health Plans LLC.



All **copayment** and **coinsurance** costs shown in this chart are after your overall **deductible** has been met, if a **deductible** applies.

| Common Medical Event  | Services You May Need                            | What You Will Pay  |   | Limitations, Exceptions, & Other Important Information  |
|---|--|--|---|---|
|   |  | Participating Provider<br>(You will pay the least)   | Non-Participating Provider<br>(You will pay the most) |   |
| If you visit a health care provider's office or clinic  | Primary care visit to treat an injury or illness | \$30 <u>copay</u> per visit, <u>deductible</u> does not apply                                    | Not covered   | If you receive services in addition to office visit, additional <u>copays</u> , <u>deductibles</u> , or <u>coinsurance</u> may apply e.g. surgery.  |
|   | <u>Specialist</u> visit                          | \$75 <u>copay</u> per visit, <u>deductible</u> does not apply                                    | Not covered   | If you receive services in addition to office visit, additional <u>copays</u> , <u>deductibles</u> , or <u>coinsurance</u> may apply e.g. surgery.  |
|   | <u>Preventive care/screening/immunization</u>    | No Charge  | Not covered   | You may have to pay for services that aren't <u>preventive</u> . Ask your provider if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.  |
|   | If you have a test                               | <u>Diagnostic test</u> (x-ray, blood work)   | Lab: No Charge X-ray: 40% <u>coinsurance</u>          | none  |
|   |  | Imaging (CT/PET scans, MRIs)   | 40% <u>coinsurance</u>                                | none  |
|   |  |  | Not covered   |   |
| If you need drugs to treat your illness or condition<br>More information about <u>prescription drug coverage</u> is available at oxfordhealth.com | Tier 1   | Retail: \$15 <u>copay</u><br>Mail Order: \$37.50 <u>copay</u> , <u>deductible</u> does not apply | Not covered   | <u>Provider</u> means pharmacy for purposes of this section. Retail: Up to a 30-day supply Mail Order: Up to a 90-day supply. Certain preventive medications (including certain contraceptives) are covered at No Charge. |
|   |  |  |   |   |
|   | Tier 2   | Retail: \$65 <u>copay</u><br>Mail Order: \$162.50 <u>copay</u>                                   | Not covered   | You may need to obtain certain drugs, including certain specialty drugs, from a pharmacy designated by us. Certain drugs may have a <u>pre-authorization</u> requirement or may result in a higher cost.                  |



| Common Medical Event   | Services You May Need                   | What You Will Pay  |  | Limitations, Exceptions, & Other Important Information   |
|--|---|--|--|--|
|  |   | Participating Provider<br>(You will pay the least)   | Non-Participating Provider<br>(You will pay the most)                    |  |
|  | Tier 3                                  | Retail: 50% <u>coinsurance</u> with a \$800 maximum<br>Mail Order: 50% <u>coinsurance</u> with a \$2,000 maximum   | Not covered  | You may be required to use a lower-cost drug(s) prior to benefits under your policy being available for certain prescribed drugs. See the website listed for information on drugs covered by your plan. Not all drugs are covered. |
|  | Tier 4                                  | Not Applicable   | Not Applicable   |  |
|  | If you have outpatient surgery          | Facility fee (e.g., ambulatory surgery center)<br>40% <u>coinsurance</u><br>Physician/surgeon fees<br>40% <u>coinsurance</u>   | Not covered<br>Not covered<br>Not covered                                |  |
|  | If you need immediate medical attention | <u>Emergency room care</u><br>\$500 <u>copay</u> per visit*<br><u>Emergency medical transportation</u><br>No Charge<br><u>Urgent care</u><br>\$80 <u>copay</u> per visit, <u>deductible</u> does not apply | \$500 <u>copay</u> per visit*<br>No Charge<br>Not covered<br>Not covered |  |
| If you have a hospital stay  | Facility fee (e.g., hospital room)      | 40% <u>coinsurance</u>   | Not covered  | none   |
|  | Physician/surgeon fee                   | 40% <u>coinsurance</u>   | Not covered  | none   |
| If you have mental health, behavioral health, or substance abuse needs | Outpatient services                     | \$75 <u>copay</u> per visit, <u>deductible</u> does not apply  | Not covered  | none   |
|  | Inpatient services                      | 40% <u>coinsurance</u>   | Not covered  | none   |
| If you are pregnant  |   |  |  |  |

If you receive services in addition to urgent care, additional copays, deductibles, or co-ins may apply.

\*Participating Deductible Applies.



| Common Medical Event   | Services You May Need                     | What You Will Pay  |   | Limitations, Exceptions, & Other Important Information  |
|--|---|--|---|---|
|  |   | Participating Provider<br>(You will pay the least)                       | Non-Participating Provider<br>(You will pay the most) |   |
| If you need help recovering or have other special health needs | Office visits                             | No Charge  | Not covered   | <u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of service a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.). |
|  | Childbirth/delivery professional services | 40% <u>coinsurance</u>   | Not covered   | <u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of service a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.). |
|  | Childbirth/delivery facility services     | 40% <u>coinsurance</u>   | Not covered   | Inpatient <u>preauthorization</u> may apply.  |
|  | <u>Home health care</u>                   | \$75 <u>copay</u> per visit, <u>deductible</u> does not apply            | Not covered   | Limited to 40 visits per calendar year.   |
|  | <u>Rehabilitation services</u>            | \$75 <u>copay</u> per outpatient visit, <u>deductible</u> does not apply | Not covered   | Any combination of outpatient rehabilitation services is limited to 60 visits per calendar year.  |
| If your child needs dental or eye care                         | <u>Habilitative services</u>              | \$75 <u>copay</u> per outpatient visit, <u>deductible</u> does not apply | Not covered   | Limits per calendar year:<br>Physical/Occupational/Speech: combined limit 60 visits.  |
|  | <u>Skilled nursing care</u>               | 40% <u>coinsurance</u>   | Not covered   | 200 days per calendar year.   |
|  | <u>Durable medical equipment</u>          | 40% <u>coinsurance</u>   | Not covered   | <u>Preauthorization</u> required for items over \$500.  |
|  | <u>Hospice service</u>                    | 40% <u>coinsurance</u>   | Not covered   | none  |
|  | Children's eye exam                       | \$30 <u>copay</u> per visit, <u>deductible</u> does not apply            | Not Covered   | 1 exam per 12-month period. Covered for individuals up to the age of 19.  |



| Common Medical Event | Services You May Need      | What You Will Pay   |   | Limitations, Exceptions, & Other Important Information                                 |
|----------------------|----------------------------|---|---|--|
|                      |                            | Participating Provider<br>(You will pay the least)        | Non-Participating Provider<br>(You will pay the most) |  |
|                      | Children's glasses         | 50% <u>coinsurance</u> , <u>deductible</u> does not apply | Not Covered   | 1 set of appliances in a 12-month period. Covered for individuals up to the age of 19. |
|                      | Children's dental check-up | 0% <u>coinsurance</u>                                     | Not Covered   | 1 exam per 6-month period. Covered for individuals up to the age of 19.                |

**Excluded Services & Other Covered Services:**

**Services Your Plan Generally Does NOT Cover (Check your policy or plan document for other excluded services.)**

|  |  |   |
|--|--|---|
| <ul style="list-style-type: none"> <li>• Acupuncture</li> <li>• Cosmetic surgery</li> <li>• Dental care (Adult)</li> </ul> | <ul style="list-style-type: none"> <li>• Long-term care</li> <li>• Non-emergency care when travelling outside of the U.S.</li> <li>• Private-duty nursing</li> </ul> | <ul style="list-style-type: none"> <li>• Routine eye care (Adult)</li> <li>• Routine foot care</li> <li>• Weight loss programs</li> </ul> |
|--|--|---|

**Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)**

|   |  |  |
|---|--|--|
| <ul style="list-style-type: none"> <li>• Infertility treatment - Cycle limits may apply</li> <li>• Bariatric surgery - limitations may apply</li> </ul> | <ul style="list-style-type: none"> <li>• Chiropractic (Manipulative) care</li> </ul> | <ul style="list-style-type: none"> <li>• Hearing aids</li> </ul> |
|---|--|--|

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: [dfs.ny.gov/index.htm](https://dfs.ny.gov/index.htm), Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](https://www.dol.gov/ebsa/healthreform). Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or [www.ccio.cms.gov](https://www.ccio.cms.gov). Other options to continue coverage are available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](https://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact your human resource department, the Employee Benefits Security Administration at 1-866-444-3272 or [dol.gov/ebsa/healthreform](https://dol.gov/ebsa/healthreform) or the New York Department of Financial Services at 1-800-342-3736 or [dfs.ny.gov/index.htm](https://dfs.ny.gov/index.htm).

**Does this plan provide Minimum Essential Coverage? Yes**

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

**Does this plan meet the Minimum Value Standards? Yes**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

**Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-633-2446.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-633-2446.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-866-633-2446.

Navajo (Dine): Dinekehgo shika at'ohwol ninisingo, kwijijigo holne' 1-866-633-2446.

\_\_\_\_\_ To see examples of how this plan might cover costs for a sample medical situation, see the next page. \_\_\_\_\_



# About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible \$3000.00
- Specialist copayment \$75
- Hospital (facility) coinsurance 40%
- Other coinsurance 40%

**This EXAMPLE event includes services like:**

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

## Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible \$3000.00
- Specialist copayment \$75
- Hospital (facility) coinsurance 40%
- Other coinsurance 40%

**This EXAMPLE event includes services like:**

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

## Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The plan's overall deductible \$3000.00
- Specialist copayment \$75
- Hospital (facility) coinsurance 40%
- Other coinsurance 40%

**This EXAMPLE event includes services like:**

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

|  |                 |                                   |                           |                                   |                |
|--|-----------------|-----------------------------------|---------------------------|-----------------------------------|----------------|
| <b>Total Example Cost</b>              | <b>\$12,800</b> | <b>Total Example Cost</b>         | <b>\$7,400</b>            | <b>Total Example Cost</b>         | <b>\$1,900</b> |
| <b>In this example, Peg would pay:</b> |                 |                                   |                           |                                   |                |
| <i>Cost Sharing</i>                    |                 |                                   | <i>Cost Sharing</i>       |                                   |                |
| Deductibles                            | \$3,000         | Deductibles                       | \$300                     | Deductibles                       | \$900          |
| Copayments                             | \$30            | Copayments                        | \$1,800                   | Copayments                        | \$200          |
| Coinsurance                            | \$2,900         | Coinsurance                       | \$0                       | Coinsurance                       | \$0            |
| <i>What isn't covered</i>              |                 |                                   | <i>What isn't covered</i> |                                   |                |
| Limits or exclusions                   | \$60            | Limits or exclusions              | \$30                      | Limits or exclusions              | \$0            |
| <b>The total Peg would pay is</b>      | <b>\$5,990</b>  | <b>The total Joe would pay is</b> | <b>\$2,130</b>            | <b>The total Mia would pay is</b> | <b>\$1,100</b> |

The plan would be responsible for the other costs of these EXAMPLE covered services.